# More Helpful Resources

#### **RCMP Detachments**

Inuvik 1(867)777-1111 Aklavik 1(867)978-1111

Fort McPherson/Tsiigehtchic

1(867)952-1111

 Paulatuk
 1(867)580-1111

 Sachs Harbour
 1(867)690-1111

 Tuktoyaktuk
 1(867)977-1111

 Ulukhaktok
 1(867)396-1111

#### Women's Shelter (Tuktoyaktuk)

1(867)977-2000

#### **Community Social Workers**

 Inuvik
 1(867)777-8101

 Aklavik
 1(867)978-2613

Fort McPherson/ Tsiigehtchic

 1(867)952-2802

 Paulatuk
 1(867)580-3800

 Sachs Harbour
 1(867)690-4181

 Tuktoyaktuk
 1(867)977-2802

 Ulukhaktok
 1(867)396-3907

### Community Counselling

 Inuvik
 1(867)777-8101

 Aklavik
 1(867)978-2941

 Paulatuk
 1(867)580-3147

 Tuktoyaktuk
 1(867)977-2434

 Ulukhaktok
 1(867)396-3024

#### Fort McPherson Community Wellness

1(867)952-2245 ext. 3

## **Health Centres**

Inuvik	1(867)777-7246
Aklavik	1(867)978-2516
Fort McPherson	1(867)952-2596
Paulatuk	1(867)580-3231
Sachs Harbour	1(867)690-4181
Tsiigehtchic	1(867)953-3361
Tuktoyaktuk	1(867)977-2321
Ulukhaktok	1(867)396-3111

# You are NOT alone.

It can be an extremely frightening, confusing and lonely time as victim of crime. How your victimization affects you is an individualized and personal experience. These feelings are normal and with the right supports, help is available. Some common reactions are

- Shock and disbelief
- ♦ Anger/frustration
- Loss of control
- Fear
- Guilt and blame
- ♦ Anxiety and depression
- Demands for justice

Here at the Beaufort Delta Victim Services, we want to support you the best in which we can. Your healing journey is yours, and we want you to do what is best for you.

We are a confidential service that does not share what you tell us. We are non-judgmental and want to help you build healthy relationships in the way you see fit.

# Talk with us!

**Beaufort Delta Victim Services** 

1 (867) 777-5480 InuvikVS@northwestel.net

**Inuvik Victim Services** 

1 (867) 777-5493 victimservices@northwestel.net



# Beaufort Delta Victim Services

Serving Inuvik and the Beaufort Delta





# Who are we?

Under the Inuvik Justice Committee, victim services is a free, non-judgmental and confidential service offered in the Beaufort Delta region to victims of crime and tragedy. We provide assistance in many different ways.

Our goals as Victim Services workers is to lessen the immediate impact of crime and tragedy for those who seek our help emotionally and throughout the court process. We're not counsellors but we are a kind ear to listen. We are also a great place to find general information about services available to you within your communities.

# The Inuvik Justice Committee (IJC)

The Inuvik Justice Committee is a non-profit organization. In 2001, the Inuvik Justice Committee became the sponsoring organization for Victim Services. The IJC provides various programming and advocacy.



# How can we help?

We provide information, emotional support, and referrals for victims of crime and tragedy. You do not need to be a victim of crime to speak with us. In fact, some clients who see us are just in need of emotional or community support due to:

- Sudden death or suicide of a loved one
- Community tragedy
- Disasters (i.e house fire)
- Motor vehicle accidents
- Domestic violence or unhealthy relationships
- Sexual abuse
- Robbery/break and enter
- Elder abuse
- Family or personal mental health concerns

# We can assist in a variety of ways

- Advocate for you and your rights
- General information about the criminal justice system and how it works
- Updated information on what is happening with your case in court
- Help with preparing a Victim Impact Statements, Emergency Protection Orders, Homeless Assistance Fund and various other related court or government documentation
- Emotional support as you prepare and go through court
- Referrals to specialized community resources
- Creating safety plans, or applying of Victims of Crime Emergency Fund for victims of violent crime.

## Who can be referred to Victim Services?

YOU! Everybody and anybody is welcome to see us here at Victim Services. You can call us yourself, call for a friend or family member or have a different service provider refer you to us! We are here to support you and your needs!

# They're here to help!

Beaufort Delta Health and Social Services

1(867) 777-8101

Inuvik Homelessness Shelter

1(867) 777-2726

**Inuvik Transition House** 

1(867) 777-3877

Public Prosecution Office (Yellowknife)

1(867) 669-6900

Alison McAteer House (Emergency Protection Orders)

1(866) 223-7775

Residential School Support Crisis Line

1(867) 925-4419

Inuvik Hospital

1(867) 777-8000

Inuvik Ambulance

1(867) 777-4444